BEHAVIORAL HEALTH SERVICES

3255 Camino Del Rio South, San Diego, Ca 92108 | 619-563-2700

[**Health & Human Services Agency (sandiegocounty.gov)**](https://www.sandiegocounty.gov/content/sdc/hhsa.html)[**Behavioral Health Services (sandiegocounty.gov)**](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs.html)

[Behavioral Health Services (sandiegocounty.gov)](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs.html)

Children, Youth and Families

services directory



# Table of Contents

[Table of Contents 2](#_Toc80343648)

[Administration 3](#_Toc80343649)

[Overview 4](#_Toc80343650)

[Resources 5](#_Toc80343651)

[CYF Framework 7](#_Toc80343652)

CYF Programs

[Acute Care 8](#_Toc80343654)

[Residential-Mental Health 10](#_Toc80343655)

[Residential - Substance Use Disorder (SUD) 12](#_Toc80343656)

[Day School Services 13](#_Toc80343657)

[Outpatient Clinical Services - Inclusive of SchooLink 14](#_Toc80343658)

[Outpatient - Teen Recovery Centers (TRC) 18](#_Toc80343659)

[Outpatient - Specialty Programs 19](#_Toc80343660)

[Outpatient - Perinatal Programs 23](#_Toc80343661)

[Juvenile Justice - Specialty Programs 24](#_Toc80343665)

[Prevention and Early Intervention (PEI) 25](#_Toc80343662)

[County Operated Programs 26](#_Toc80343663)

[Child Welfare Services - Specialty Programs 28](#_Toc80343664)

[Fee For Service Network 30](#_Toc80343666)

Please send all directory corrections and updates to [Yvonne.Gage@sdcounty.ca.gov](mailto:Yvonne.Gage@sdcounty.ca.gov)

# Administration

Deputy Director

Yael Koenig, LCSW  
[Yael.Koenig@sdcounty.ca.gov](mailto:Yael.Koenig@sdcounty.ca.gov)   
Phone: 619-252-0734

**Assistant Medical Services**

Frances Cooper, LCSW  
[Frances.Cooper@sdcounty.ca.gov](mailto:Frances.Cooper@sdcounty.ca.gov)   
Phone: 619-559-5125

Behavioral Health Program

Shannon Jackson, LPCC  
[Shannon.Jackson@sdcounty.ca.gov](mailto:Shannon.Jackson@sdcounty.ca.gov)   
Phone: 619-488-0302

Casie Johnson-Taylor, LMFT  
[Casie.Johnson-Taylor@sdcounty.ca.gov](mailto:Casie.Johnson-Taylor@sdcounty.ca.gov)  
Phone: 619-307-3977

Terri Kang, LPCC  
[Teresa.Kang@sdcounty.ca.gov](mailto:Shannon.Jackson@sdcounty.ca.gov)   
Phone: 619-204-9635

Wendy Maramba, LMFT  
[Wendy.Maramba@sdcounty.ca.gov](mailto:Wendy.Maramba@sdcounty.ca.gov)  
Phone: 619-417-0873

Michael Miller, LMFT   
[Michael.Miller@sdcounty.ca.gov](mailto:Michael.Miller@sdcounty.ca.gov)   
Phone: 619-701-4912

Supervising Psychiatrist

Dr. Laura Vleugels, M.D.  
[Laura.Vleugels@sdcounty.ca.gov](mailto:Laura.Vleugels@sdcounty.ca.gov)   
Phone: 619-901-2105

Administrators

Amanda Lance-Sexton, LMFT, ATR-BC  
[Amanda.Lance-Sexton@sdcounty.ca.gov](mailto:Amanda.Lance-Sexton@sdcounty.ca.gov)   
Phone: 619-252-4265

Coordinators

Carlos Nelson, Ph.D.  
[Carlos.Nelson@sdcounty.ca.gov](mailto:Carlos.Nelson@sdcounty.ca.gov)   
Phone: 858-302-1820

Eileen Quinn-O'Malley, LMFT  
[Eileen.Quinn-OMalley@sdcounty.ca.gov](mailto:Eileen.Quinn-OMalley@sdcounty.ca.gov)   
Phone: 619-309-3869

Rebecca Raymond, LMFT  
[Rebecca.Raymond@sdcounty.ca.gov](mailto:Rebecca.Raymond@sdcounty.ca.gov)   
Phone: 619-301-4429

Seth Williams, LMFT  
[Seth.Williams@sdcounty.ca.gov](mailto:Seth.Williams@sdcounty.ca.gov)  
Phone: 619-366-1101

# Overview

Access and Eligibility for Services

County of San Diego (County) funded behavioral health services are intended for children and youth who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, or substance use) or who require behavioral health services in order to function in school, at home, or in the community. Generally, services are available for Medi-Cal beneficiaries and low-income children and youth, up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals can directly contact any of the resources listed in this directory. However, it should be noted that, in some cases, access to services is managed through specific procedures and may be designed for certain special populations. Where possible, this information has been included in this directory. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at (888) 724-7240.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However, clients have the option to use a family member or a friend as their interpreter. The client is not expected to provide their own interpreter. All Behavioral Health Services (BHS) programs have access to interpreter services.

Fees and Funding

Behavioral health services provided through the County are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees (when applicable), private insurers, County-general funds, State funds, and specialized grants. In most instances, fees for services are fully covered for full scope Medi-Cal beneficiaries and unfunded individuals. When applicable, fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be considered in determining an individual's monthly payment. *No person who otherwise qualifies for services will be turned away.*

Organizational Providers & Fee for Service Network

Organizational providers serve children and youth through a network of comprehensive programming and multidisciplinary clinical teams. The Fee-for-Service network is comprised of individual practitioners who primarily offer office-based and/or telehealth services. Both networks can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240.

Medi-Cal Managed Care Health Plans

Medi-Cal Managed Care Health Plans cover behavioral health services for members who do not qualify for Medi-Cal Specialty Mental Health Services covered by the County. Each Medi-Cal Managed Care Health Plan has its own network of contracted behavioral health providers. Medi-Cal beneficiaries may contact their health plan directly.

Aetna Better Health AetnaBetterHealth.com (855) 772-9076

Blue Shield CA Promise Health Blueshieldca.com/promise (855) 321-2211  
Community Health Group Chgsd.com (800) 404-3332

Health Net Healthnet.com (888) 426-0030  
Kaiser Permanente KP.org (877) 496-0450  
Molina Healthcare MolinaHealthcare.com (888) 665-4621

United Healthcare Uhccommunityplan.com (866) 270-5785

*Live Well San Diego*

CYF supports the [*Live Well San Diego*](https://www.livewellsd.org/) vision of Building Better Health, Living Safely, and Thriving. *Live Well San Diego*, developed by the County of San Diego, is a comprehensive, innovative regional vision that combines the efforts of internal and external County partners to help all residents be healthy, safe, and thriving. [Building Better Health](https://www.livewellsd.org/content/dam/livewell/materials/Building%20Better%20Health%20Overview.pdf) focuses on improving the health of residents and supporting healthy choices. [Living Safely](https://www.livewellsd.org/content/dam/livewell/materials/Living%20Safely%20Overview.pdf) seeks to ensure residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies. [Thriving](https://www.livewellsd.org/content/dam/livewell/materials/Thriving%20Overview.pdf) focuses on promoting a region in which residents can enjoy the highest quality of life.

# Resources

San Diego Access and Crisis Line (ACL)

**888-724-7240**

<https://optumsandiego.com/content/sandiego/en/access---crisis-line.html>

Confidential and free of charge, the**San Diego Access & Crisis Line (ACL)** offers immediate support and resources from an experienced counselor **24 hours a day, 7 days a week**on all behavioral health topics including: suicide prevention, crisis intervention, community resources, mental health referrals, alcohol and drug support services, and more. Language interpreter services enable the ACL to assist in 150 languages within seconds.

County of San Diego   
**858-694-3900**

[www.sandiegocounty.gov](http://www.sandiegocounty.gov)

County of San Diego Behavioral Health Services

**619-563-2700**

[www.sdcounty.ca.gov/hhsa/programs/bhs/](http://www.sdcounty.ca.gov/hhsa/programs/bhs/)

County of San Diego Behavioral Health Services Provider Directory [here](https://www.optumsandiego.com/content/dam/san-diego/documents/socdirectory/SBC_DBH-SUDRS_Provider_Directory_English.pdf)  
Drug Medi-Cal Organized Delivery System (DMC-ODS)  
[www.sandiegocounty.gov/dmc](http://www.sandiegocounty.gov/dmc)

Information for DMC-ODS providers.

[oscerjr](https://oscerjr.namisandiego.org/#home)

Local Mental Health Resource App for Youth hosted by NAMI San Diego

<https://oscerjr.namisandiego.org/>

<https://alfredu.namisandiego.org/>

211 San Diego

**Dial 2-1-1**

[www.211sandiego.org](http://www.211sandiego.org)

Free, confidential phone service and online database for access to community, health, social, and disaster services, **24 hours a day, 7 days a week**.

Optum San Diego / Fee-for-Service Network

**800-798-2254**

[www.optumsandiego.com](http://www.optumsandiego.com)

Information for County of San Diego behavioral health providers.

The County of San Diego Fee-for-Service (FFS) Network is a group of providers licensed independently to provide mental health treatment services in private practice to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The [Fee for Service Provider Directory](https://optumsandiego.com/content/sandiego/en/access---crisis-line/providerdirectory.html) lists available providers and services offered by the County of San Diego through the network.

Access - Customer Service Call Center

**866-262-9881**

[www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/access.html)

Serving residents, providers, and other government agencies with questions or needs related to Family Resource Center (FRC) programs and services, including providing case management services for existing FRC customers countywide. Access customer service representatives are experienced eligibility workers who are trained in CalWORKs, CalFresh, and Medi-Cal programs.

It’s Up 2 Us

[www.Up2sd.org](http://www.Up2sd.org)

The *It’s Up to Us* campaign is designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources,

and seek help.

# Resources

Consumer Center for Health Education and Advocacy (CCHEA)

**877-734-3258 (toll free), 877-735-2929 (TTY)**

[www.lassd.org](http://www.lassd.org)

The Consumer Center for Health Education and Advocacy helps people access needed health care services from both government health coverage programs and private insurance plans and serve as the Cal MediConnect Service Ombudsman and county-designated Patients’ Rights Advocate for outpatient specialty behavioral health services. Advocates can help with understanding: which coverage programs are available to be accessed, how to access needed services, treatments, and medications, and individual rights when a coverage or plan denies care or resolution of receipt of an inappropriate medical bill.

Patient Advocacy Program

**619-282-1134 (local), 800-479-2233 (toll free)**

[www.jfssd.org](http://www.jfssd.org)

Provides patient advocacy and protection of a patient's rights when in a 24-hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected. Parent organization: Jewish Family Service.

Youth Sector Resources

**Brain XP**

**858-309-2177**

[www.brainxp.org](http://www.brainxp.org)

Brain XP training focuses on the journey of mental health challenges through the eyes of a young person who has experienced and overcome the stigma, especially on school campuses.. Brain XP content takes place on-line where teens have access at their fingertips offering a comprehensive Teen Toolbox of Coping Skills.

*Live Well San Diego* Youth Sector

[Youth Leadership (livewellsd.org)](https://www.livewellsd.org/content/livewell/home/community/youth-leadership.html)

The *Live Well San Diego* Youth Sector creates youth-led opportunities for young people in San Diego County to build communities that are healthy, safe, and thriving. Participants in the Youth Sector are young leaders who advise, educate, and organize around youth needs in San Diego County.

BEHAVIORAL HEALTH SERVICES

**CHILDREN, YOUTH & FAMILIES**

**FRAMEWORK**

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

PRIORITIES

Ensure a full continuum of care through family- centered and youth- informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth’s circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever- changing world.



Standard of Living

Economic & Nutrition Security

Timely Access to Healthcare Inclusive of Behavioral Health Services

Employment Readiness

Community

Live Well San Diego-Areas of Influence

HEALTH FACTORS

Health

Daily Physical Activity Limited & Supervised Screen Time

Affordable Healthy Food Zero Sugary Beverages, Drink More Water

Social

Supportive Families Nurturing Communities

Connection to Natural Supports Positive Social Interactions

Knowledge

Quality Education Quality Preschool for All

Access to Parks, Playgrounds and

Recreation Centers Usable Transportation

Safe Neighborhoods & Schools Affordable Stable Housing

Access to Extracurricular Activities

No Substance Use No Tobacco Use

Up to Date Immunizations Connection to a Health Home

Good School Attendance School Success

No Suspensions or Expulsions Obtain a High School Diploma Access to Higher Education & Vocational Programs

# Acute Care

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Acute Care** Crisis Services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis and are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources. Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled. | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region(s) Served** |  |
| Access and Crisis Line (ACL) | Optum San Diego Public Sector | Crisis Line Community Resources and Referrals | www.optumhealthsandiego.com | (888) 724-7240 | Tabatha Lang | Countywide |  |
| Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS) | Rady Children's Hospital of San Diego (Rady) | Inpatient | 8001 Frost Street, Nelson Pavilion San Diego, CA 92123 | (858) 966-8337 | Rebecca Raymond | Countywide |  |
| Aurora Behavioral Health Care /Inpatient | Aurora Behavioral Health Care San Diego | Inpatient | 11878 Ave of Industry San Diego, Ca 92128 | (858) 487-3200 | Nilanie Ramos | Countywide |  |
| BH Connect Tele-Mental Health | Vista Hill Foundation (VHF) | Outpatient | 8825 Aero Drive, Suite 315 San Diego, CA 92123 | Access through ACL: (888) 724-7240 (858) 877-0179 | Casie Johnson-Taylor | Countywide |  |
| Crisis Action & Connection (CAC) | New Alternatives Inc (NAI) | Outpatient | 730 Medical Center Court  Chula Vista, CA. 91911 | (619) 591-5740 | Rebecca Raymond | Countywide |  |
| Emergency Screening Unit (ESU) | New Alternatives Inc (NAI) | Crisis Stabilization | 4309 Third Avenue San Diego, CA 92103 | (619) 876-4502 | Rebecca Raymond | Countywide |  |
| Family Urgent Response System (FURS) | Mental Health America | State Hotline Local Mobile Response Placement Stabilization | 4069 30th Street San Diego, CA 92104 | State Hotline:  1-833-939-3877 | Emil Montoya (CWS) | Countywide |  |
| Mobile Crisis Response Team (MCRT) | Telecare | Crisis Response | TBD | TBD | Alisha Eftekhari | Countywide |  |
| Mobile Crisis Response Team (MCRT) North Pilot | Exodus Recovery | Crisis Response | 550 West Vista Way, Suite 408 Vista, CA 92083 | Access through ACL:  (888) 724-7240 (760) 758-1650 | Alisha Eftekhari | North |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region(s) Served** |  |
| Psychiatric Emergency Response Team (PERT) | Community Research Foundation (CRF) | Psychiatric Emergency Resource | 1202 Morena Blvd., Suite. 300 San Diego, CA 92110 | 911 | Phoung Quach | Countywide |  |
| Sharp Mesa Vista | Sharp Mesa Vista Hospital | Inpatient | Sharp Mesa Vista Hospital  7850 Vista Hill Avenue San Diego, CA 92123 | (858) 836-8434 | Nilanie Ramos | Countywide |  |

# Residential-Mental Health

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Residential-Mental Health  Short-Term Residential Therapeutic Programs (STRTP)** STRTPs are licensed by the California Department of Social Services and are provided a Mental Health Program Approval by the California Department of Health Care Services (DHCS). STRTPs are residential facilities that provide an integrated program of specialized and intensive care and supervision, services and supports, specialty mental health services, and 24-hour care and supervision to children. Placing agencies primarily include Child Welfare Services (CWS), Juvenile Probation, and Regional Centers.  **Emergency Shelter (PCC)** A temporary shelter for children who have been placed in protective custody for their safety. Short-term treatment and crisis intervention services as well as support in transitioning to community-based mental health treatment after discharge.  **Community Treatment Facility (CTF) / Psychiatric Health Facility (PHF)** Mental health services are available 24 hours a day, 7 days a week in a secure environment with oversight by DHCS. | | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Location** |  |
| Casa de Amparo | Casa de Amparo | STRTP 30 Behavioral Health Beds | 4070 Mission Avenue Oceanside, CA 92068 | (760) 754-5500 | Seth Williams | Countywide | North Coastal |  |
| Center for Positive Change (CFPC) | Center for Positive Change (CFPC) | STRTP 30 Behavioral Health Beds | 7474 El Cajon Blvd. La Mesa, CA 91942 | (619) 660-3886 | Eileen Quinn-O'Malley | Countywide | East |  |
| Circle of Friends | National Association for the Treatment of Sexual Abuse | STRTP 12 Behavioral Health Beds | 105 N. Rose Street, Suite 211 Escondido, CA 92027 | (858) 363-6357 | Seth Williams | Countywide | North Inland |  |
| Fred Finch Dual Diagnosis | Fred Finch Youth Center (FFYC) | STRTP Dual Diagnosis 14 Behavioral Health Beds | 3845 Spring Drive Spring Valley, CA 91977 | (619) 797-1090 | Seth Williams | Countywide | East |  |
| Kenora | New Alternatives Inc (NAI) | STRTP 9 Behavioral Health Beds | 3602 Kenora Drive Spring Valley, CA 91977 | (619) 463-8875 | Eileen Quinn-O'Malley | Countywide | East |  |
| Milestone House | Milestone House | STRTP 6 Behavioral Health Beds | 1816 Portofino Drive Oceanside, CA 92054 | (760) 433-6361 | Seth Williams | Countywide | North Coastal |  |
| NA South Campus | New Alternatives Inc (NAI) | STRTP 40 Behavioral Health Beds | 730 Medical Center Court Chula Vista, CA. 91911 | (619) 863-5819 | Eileen Quinn-O'Malley | Countywide | South |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Location** |  |
| New Haven | New Haven Youth& Family Services, Inc | STRTP 6 Behavioral Health Beds | 1126 N. Melrose Drive Vista, CA 92083 | (760) 630-4035 | Eileen Quinn-O'Malley | Countywide | North Inland |  |
| Polinsky Child. Ctr (PCC) Placement Stab. Svcs. | New Alternatives Inc (NAI) | Emergency Shelter | 9400 Ruffin Court San Diego, CA 92123 | (858) 357-6879 | Eileen Quinn-O'Malley | Countywide | Central |  |
| San Diego Center for Children (SDCC) | San Diego Center for Children (SDCC) | STRTP 30 Behavioral Health Beds | 3002 Armstrong Street San Diego, CA. 92111 | (858) 569-2122 | Seth Williams | Countywide | Central |  |
| San Pasqual Academy | New Alternatives Inc (NAI) | Residential Day Rehabilitation Program | 17701 San Pasqual Valley Road Escondido, CA 92025 | (760) 741-4300 | Eileen Quinn-O'Malley | Countywide | North Inland |  |
| South Coast Children’s Society | South Coast Children's Society Inc | STRTP | 2124 Main Street, Suite 165 Huntington Beach, CA 92648 | (714) 536-0077 | Eileen Quinn-O'Malley | Out of County | Orange County |  |
| Star View Adolescent Center | Star View Adolescent Center Inc | Community Treatment Facility (CTF) Psychiatric Health Facility (PHF) | 4025 W. 226th Street Torrance, CA 90505 | (310) 373-4556 | Eileen Quinn-O'Malley | Out of County | Los Angeles County |  |
| Tiffany's Place | Hidden Treasures Foundation, Inc | STRTP6 Behavioral Health Beds | 6545 Glidden LaneEscondido, CA 92111 | (619) 248-1067 | Seth Williams | Countywide | North Inland |  |
| Varsity Team | Varsity Team Inc | STRTP 12 Behavioral Health Beds | P.O Box 26633 San Diego, CA 92196 | (619) 694-6809 | Eileen Quinn-O'Malley | Countywide | Central South |  |

# Residential - Substance Use Disorder (SUD)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Residential - Substance Use Disorder (SUD)  SUD Teen Residential:** Provides non-medical, SUD treatment to adolescents ages 12-17 for approximately 90 days. The SUD Programs for Adolescents brochure can be found here at <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Adolescent%20SUD%20Brochure%20EN.pdf>  **SUD Transitional Housing:** Provides residential transitional housing to parents and their dependent children in an environment free of substance use upon completion of an SUD treatment program. The SUD Programs for Adults and Older Adults brochure can be found here: <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/homepage/BHS_SUD_Brochures/EN%20AOA%20-%20SUD%20Brochure.pdf>  **SUD Perinatal Residential:** Non-medical residential substance use disorder (SUD) treatment, recovery and ancillary services for women who are pregnant or parenting. The SUD Programs for Women brochure can be found here at <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Women%20SUD%20Brochure%20EN.pdf> | | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Location** |  |
| Family Recovery Center (FRC) | Mental Health Systems Inc (MHS) | SUD Perinatal Residential 55 Behavioral Health Beds | 1100 Sportfisher Drive Oceanside, CA 92054 | (760) 439-6702 | Shannon Jackson | Countywide | North |  |
| Kiva | McAlister Institute (MITE) | SUD Perinatal Residential 86 Behavioral Health Beds | 2049 Skyline Drive Lemon Grove, CA 91945 | (619) 465-7303 | Shannon Jackson | Countywide | East |  |
| New Entra Casa (NEC) | New Entra Casa (NEC) | SUD Perinatal Residential  6 Behavioral Health Beds | 3575 Pershing Avenue San Diego, CA 92104 | (619) 294-4526 | Shannon Jackson | Countywide | Central |  |
| North County Serenity House (NCSH) | HealthRight 360 (HR360) | SUD Perinatal Residential 111 Behavioral Health Beds | 1341 N. Escondido Blvd. Escondido, CA 92026 | (760) 317-9114 | Shannon Jackson | Countywide | North |  |
| Sober and Friendly Environment Housing | McAlister Institute for Treatment and Education (MITE) | SUD Transitional Housing 5 Family Units | 1400 N. Johnson Avenue, Suite 101 El Cajon, CA 92020 | (619) 442-0277 | Casie Johnson-Taylor | Countywide | East |  |
| Teen Group Homes | McAlister Institute for Treatment and Education (MITE) | SUD Teen Residential 2 Homes/ 6 Beds Each | 1400 N. Johnson Avenue, Suite 101 El Cajon, CA 92020 | (619) 672-3902 East (619) 337-3830 South | Shannon Jackson | Countywide | East South |  |

# Day School Services

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Day School Services / Intensive Outpatient  Intensive outpatient programs that include a full range of Title 9 specialty mental health services. These services are provided to children and youth identified through an Individualized Education Program (IEP) or school district process as needing a Special Education Classroom setting to be successful in school. Services are intensive and flexible to meet the needs of the client and assist in transitioning to a less restrictive classroom setting. Services are embedded within existing school settings. | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **School Address** | **Phone Number** | **County Monitor** | **Region** |  |
| Marcy Day & New Dawn | San Diego Unified School District (SDUSD) | Outpatient Day School Services | 4150 Ute Drive San Diego, CA. 92117 5650 Mt. Ackerly Drive San Diego, CA 92111 | (858) 302-3320 (858) 302-3340 | Wendy Maramba | Central |  |
| Merit Academy (East Region) | Vista Hill Foundation (VHF) | Outpatient Day School Services | 1600 North Cuyamaca Street El Cajon, CA 92020 | (619) 994-7860 | Wendy Maramba | East |  |
| Riley Day School Services | San Diego Unified School District (SDUSD) | Outpatient Day School Services | 5650 Mt. Ackerly Drive San Diego, CA. 92111 | (858) 302-3300 | Wendy Maramba | Central |  |
| STEPS | Mental Health Systems Inc (MHS) | Structured Outpatient Day School Services | 4660 Viewridge Avenue San Diego, CA 92123 | (858) 565-2510 | Eileen Quinn-O'Malley | Countywide |  |

# Outpatient Clinical Services - Inclusive of SchooLink

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Outpatient Clinical Services - Inclusive of SchooLink**  **The following community-based organizations operate various community-based clinics throughout the county as well as offering services at designated school site(s) which is known as SchooLink.** SchooLink is partnership between the County and local school districts to provide behavioral health services at schools. Services can be provided during or outside of school hours, on-campus or in a community setting, and are based on the student’s and family’s needs.  The Regional School Directory can be found here: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Schools.html>  More information on SchooLink can be found here: <https://theacademy.sdsu.edu/rihs-schoolink>  For SchooLink Substance Use Disorder (SUD) specific resources, see Teen Recovery Center (TRC) page 18**.** | | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **School District Served** |  |
| Central-East-South (CES) School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient | 3665 Kearny Villa Road Suite 101 San Diego, CA 92123 | (858) 966-8471 | Rebecca Raymond | Central East | Grossmont Union High San Diego Unified Santee |  |
| Child & Adolescent Mental Health School Based Services | Union of Pan Asian Communities (UPAC) | Outpatient SUD Counselor | 1031 25th Street Suite C San Diego, CA 92105 | (619) 232-6454 | Wendy Maramba | Central North Coastal | Oceanside Unified San Diego Unified Vista Unified |  |
| Community Circle Central & East  School Based Services | Family Health Center San Diego Inc (FHC) | Outpatient | 2130 National Avenue San Diego, CA 92113 3845 Spring Drive Spring Valley, CA 91977 | (619) 255-7859 (619) 255-7520 | Wendy Maramba | Central East | San Diego Unified |  |
| Cornerstone Central School Based Services | Pathways Community Services (PCS) | Outpatient | 6244 El Cajon Blvd. Suite 14 San Diego, CA 92115 | (619) 640-3266 | Wendy Maramba | Central | San Diego Unified |  |
| Crossroads School Based Services | Community Research Foundation (CRF) | Outpatient  SUD Counselor | 700 N. Johnson Avenue Suite P El Cajon, CA 92020 | (619) 441-1907 | Wendy Maramba | East | Jamul-Dulzura Union Mountain Empire Unified |  |
| Douglas Young Youth & Family Services School Based Services | Community Research Foundation (CRF) | Outpatient SUD Counselor | 7917 Ostrow Street Suite A San Diego, CA. 92111 | (858) 277-9950 | Wendy Maramba | Central | San Diego Unified |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **School District Served** |  |
| East County Behavioral Health Clinic (ECBHC) School Based Services | San Diego Youth Services (SDYS) | Outpatient | 1870 Cordell Court Suite 101 El Cajon, CA 92020 | (619) 448-9700 | Michael Miller | East | Grossmont Union High Lakeside Union |  |
| Family Wellness Center - East County Outpatient Program (ECOP) School Based Services | San Diego Center for Children (SDCC) | Outpatient | 6386 Alvarado Court Suite 310 San Diego, CA 92120 | (619) 668-6200 | Michael Miller | East | Grossmont Union High Lakeside Union La Mesa-Spring Valley Lemon Grove |  |
| Learning Assistance Center (LAC)  Escondido & North Inland School Based Services | Vista Hill Foundation (VHF) | Outpatient | 1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065 | (760) 489-4126 (760) 788-9724 | Michael Miller | North Inland | Escondido Union Ramona Unified Spencer Valley Warner Unified |  |
| Mental Health Resource Center School Based Services | San Diego Unified School District (SDUSD) | Outpatient | 2351 Cardinal Lane Annex B San Diego, CA 92123 | (858) 573-2227 | Wendy Maramba | Central | San Diego Unified |  |
| Mental Health Resource Center School Based Services | Sweetwater Union High School District (SUHSD) | Outpatient | 1051 Picador Blvd. San Diego, CA 92154 | (619) 662-8370 | Rebecca Raymond | South | Sweetwater Unified |  |
| Mobile Adolescent Services Team (MAST) School Based Services | Community Research Foundation (CRF) | Outpatient | 1260 Morena Blvd. Suite 200 San Diego, CA 92110 | (619) 398-3261 | Wendy Maramba | Countywide | San Diego Unified SDCOE Momentum Learning |  |
| North Central Clinic School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient SUD Counselor | 3665 Kearny Villa Road Suite 101 San Diego, CA 92123 | (858) 966-5832 | Wendy Maramba | Central | San Diego Unified |  |
| North Central School Based Services | Mental Health Systems Inc (MHS) | Outpatient | 4660 Viewridge Avenue Suite 100 San Diego, CA 92123 | (858) 278-3292 | Wendy Maramba | Central | San Diego Unified |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **School District Served** |  |
| North Coastal Outpatient Psychiatry (NCOP) School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient | 3605 Vista Way Suite 258 Oceanside, CA 92056 | (760) 758-1480 | Michael Miller | North Coastal | Encinitas Union Oceanside Unified San Marcos Unified Vista Unified |  |
| North County Outpatient School Based Services (NCOSBS) | New Alternatives Inc (NAI) | Outpatient | 1529 Grand Avenue Suite A San Marcos, CA 92078 | (760) 798-0299 | Michael Miller | North Inland | San Marcos Unified |  |
| North Inland Outpatient Psychiatry (NIOP) School Based Services | Rady Children's Hospital of San Diego (Rady) | Outpatient | 2125 Citracado Parkway Escondido, CA 92025 | (760) 294-9270 | Michael Miller | North Inland | San Marcos Unified |  |
| North Inland, North Coastal & Fallbrook  School Based Services | Palomar Family Counseling Services Inc (PFC) | Outpatient | 1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084 120 W. Hawthorne Street Fallbrook, CA 92028 | (760) 741-2660 | Michael Miller | North Coastal North Inland | Fallbrook Union High Fallbrook Union Elementary Oceanside Unified San Marcos Unified Vista Unified |  |
| Nueva Vista Youth & Family Services School Based Services | Community Research Foundation (CRF) | Outpatient SUD Counselor | 1161 Bay Blvd. Suite B Chula Vista, CA 91911 | (619) 585-7686 | Wendy Maramba | South | Chula Vista Elementary National School |  |
| Oceanside & VistaSchool Based Services | North County Lifelife Inc (NCL) | Outpatient | 707 Oceanside Blvd.Oceanside CA 92054200 Michigan AvenueVista, CA 92084 | (760) 757-0118(760) 726-4900 | Michael Miller | North Coastal | Oceanside UnifiedSan Diego UnifiedVista Unified |  |
| South Region School Based Services | South Bay Community Services (SBCS) | Outpatient | 430 F Street Chula Vista, CA 91910 | (619) 420-3620 | Rebecca Raymond | South | Chula Vista Elementary South Bay Union |  |
| Therapeutic Interventions Designed to Empower Students (TIDES) School Based Services | YMCA of San Diego County (YMCA) | Outpatient | 4394 30th Street San Diego, CA 92104 | (619) 281-8313 | Wendy Maramba | Central | San Diego Unified |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **School District Served** |  |
| Youth Enhancement Services (YES) School Based Services | San Ysidro Health (SYH) | Outpatient SUD Counselor | 3025 Beyer Blvd. Suite E101 San Diego, CA 92154 | (619) 428-5533 | Rebecca Raymond | South | San Ysidro |  |

# Outpatient - Teen Recovery Centers (TRC)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Outpatient - Teen Recovery Centers (TRC)**  TRCs provide outpatient Substance Use Disorder (SUD) treatment, recovery and ancillary services to adolescents aged 12-17 years old in the community and at identified school-based locations. The SUD Programs for Adolescents brochure can be found here: <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Adolescent%20SUD%20Brochure%20EN.pdf>  Refer to the school list which can be found here: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Schools.html>  For Mental Health School-Based services, see Outpatient (OP) Clinic Services pgs. 14-17 | | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **District Served** |  |
| Teen Recovery Center (TRC) - Central | Union of Pan Asian Communities (UPAC) | Outpatient School-Based SUD | 3288 El Cajon Blvd. Suite 13 San Diego, CA 92104 | (619) 521-5720 | Shannon Jackson | Central | San Diego Unified |  |
| Teen Recovery Center (TRC) - Central Southeast | Vista Hill Foundation (VHF) | Outpatient School-Based SUD | 220 S. Euclid Avenue Suite 40 San Diego, CA 92114 | (619) 795-7232 | Terri Kang | Central Southeast | San Diego Unified |  |
| Teen Recovery Center (TRC) - East | McAlister Institute for Treatment and Education (MITE) | Outpatient School-Based SUD | 550 Fesler Street Suite G-1 & G-2 El Cajon, CA 92020 | (619) 588-5361 | Shannon Jackson | East | Grossmont Union |  |
| Teen Recovery Center (TRC) - North Central | Mental Health Systems Inc (MHS) | Outpatient School-Based SUD | 4660 Viewridge Avenue, Suite 1 San Diego, CA 92123 | (760) 227-1354 | Terri Kang | North Central | San Diego Unified |  |
| Teen Recovery Center (TRC) - North Coastal | North County Lifeline, Inc (NCL) | Outpatient School-Based SUD | 200 Michigan Avenue Vista, CA 92084 | (760) 842-6280 | Shannon Jackson | North Coastal | Oceanside Unified |  |
| Teen Recovery Center (TRC) - North Inland | Mental Health Systems Inc (MHS) | Outpatient School-Based SUD | 340 Rancheros Drive Suite 166 San Marcos, CA 92069 | (760) 744-3672 | Terri Kang | North Inland | Escondido Union Fallbrook Union Poway Unified Ramona Unified |  |
| Teen Recovery Center (TRC) - South | McAlister Institute for Treatment and Education (MITE) | Outpatient School-Based SUD | 1180 3rd Avenue Suite C-6 Chula Vista, CA 91910 | (619) 691-1045 | Shannon Jackson | South | Sweetwater Union |  |

# Outpatient - Specialty Programs

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Outpatient - Specialty Programs** Services provided in clinic, community and home-based settings with a specialized service and/or target population. | | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Special Population** |  |
| Accessible Depression & Anxiety Perinatal Treatment (ADAPT) | Vista Hill Foundation (VHF) | Outpatient | 6070 Mission Gorge Road San Diego, CA 92120 | (858) 530-3200 | Terri Kang | Central | Public Health Involved |  |
| BridgeWays | San Diego Youth Services (SDYS) | Outpatient | 7364 El Cajon Blvd. San Diego, CA 92115 | (619) 221-8600 | Shannon Jackson | Countywide | Justice Involved Youth |  |
| CalWORKs Behavioral Health Centers | Community Research Foundation (CRF) | Outpatient | 1202 Morena Blvd., Suite 300 San Diego, CA 92110 | (619) 275-0822 | Shannon Jackson | Countywide | CalWorks Recipients |  |
| CalWORKs Case Management | Vista Hill Foundation, Inc (VHF) | Outpatient | 123 Camino De La Reina, Suite 203 San Diego, CA 92108 | (619) 431-2103 | Terri Kang | Countywide | CalWorks Recipients |  |
| Center for Child and Youth Psychiatry (CCYP) | New Alternatives Inc (NAI) | Outpatient | 8755 Aero Drive, Suite 306 San Diego, CA 92123 | (858) 634-1100 | Eileen Quinn-O'Malley | Countywide | Medication Clinic |  |
| Chaldean & Middle Eastern Social Services | San Ysidro Health (SYH) | Outpatient | 875 El Cajon Blvd.  El Cajon, CA 92020 | (619) 631-7400 | Michael Miller Ann Vilmenay | East | Chaldean & Middle Eastern |  |
| Child, Family Team (CFT) Meeting Facilitation | Fred Finch Youth Center (FFYC) | CFT Meetings | 10174 Old Grove Road, Suite 100  San Diego, CA 92131 | (858) 682-3818 | Seth Williams Jerelyn Bourdage | Countywide | Multi-system involved youth |  |
| ChildNET Incredible Years North Coastal & North Inland | Palomar Family Counseling Services Inc (PFC) | Outpatient | 1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084 | (760) 741-2660 | Michael Miller | North Coastal  North Inland | Early Childhood (0-5 years) |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Special Population** |  |
| Comprehensive Assessment & Stabilization Services (CASS) | New Alternatives Inc (NAI) | Outpatient | 3517 Camino del Rio South, Suite 407 San Diego, CA 92108 | (619) 955-8905 | Eileen Quinn-O'Malley | Countywide | Foster Youth |  |
| Deaf & Hard of Hearing | Deaf Community Services of San Diego | Outpatient | 1545 Hotel Circle South, Suite 300 San Diego, CA 92108 | (619) 550-3436 | Stacey Kneeshaw | Countywide | Hearing Impaired |  |
| Developmental Evaluation Clinic (DEC) | Rady Children's Hospital of San Diego (Rady) | Outpatient Evaluation | 3665 Kearny Villa Road, Suite 405 San Diego, CA 92123 333 H Street, Suite 301 Chula Vista, CA 91910 3605 Vista Way, Building B Oceanside, CA 92056 11752 El Camino Real, Suite 150 San Diego, CA 92130 | (858) 966-8560 x248560 | Rebecca Raymond | Central, North Central, East South North Inland North Coastal | Early Childhood Evaluations (0-5 years) |  |
| Family & Youth Liaison | National Alliance on Mental Illness (NAMI) | Advocacy | 5095 Murphy Canyon Road, Suite 320 San Diego, CA 92123 | (858) 634-6580 | Casie Johnson-Taylor | Central | Advocacy |  |
| Foster Family Agency Stabilization and Treatment (FFAST) | San Diego Center for Children (SDCC) | Outpatient Therapeutic Foster Care | 8225 Aero Drive, Suite 110 San Diego, CA 92123 | (858) 633-4115 | Seth Williams | Countywide | Children/Youth in Foster Family Agencies |  |
| I CARE (CSEC) | San Diego Youth Services (SDYS) | Outpatient Confidential Drop-In Center | 3660 Fairmount Avenue San Diego, CA, 92105 | (619) 521-2250 | Shannon Jackson | Central | CSEC |  |
| Juvenile Court Clinic | Vista Hill Foundation (VHF) | Outpatient JV 220 Reviews | 2851 Meadowlark Drive San Diego, CA 92123 | (858) 571-1964 | Casie Johnson-Taylor | Countywide | Justice Involved Youth |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Special Population** |  |
| KidSTART | Rady Children's Hospital of San Diego (Rady) | Outpatient | 3665 Kearny Villa Road, Suite 500San Diego, CA 921232204 El Camino Real, Suite 102Oceanside, CA 92054333 H Street, Suite 3010Chula Vista, CA 91910 | (858) 576-1700 (760) 967-7082 (619) 420-5611 | Michael Miller | Central | Early Childhood (0-5 years) |  |
| Multicultural Community Counseling | Union of Pan Asian Communities (UPAC) | Outpatient | 5348 University Avenue, Suite 108 San Diego, CA 92105 | (619) 578-2211 | Rebecca Raymond | Central | API/ Latinx |  |
| NewLIfe Counseling | North County Lifeline | Outpatient | 200 Michigan Avenue Vista CA 92084 707 Oceanside Blvd. Oceanside, CA 92054 333 Via Vera Cruz, Suite 152 San Marcos, CA 92078 4180 Ruffin Road, Suite 295 San Diego, CA 92123 | (760) 310-2950 | Michael Miller | Countywide | Homeless and Runaway Youth age 12 up to 21 |  |
| Our Safe Place | San Diego Youth Services (SDYS) | Outpatient | 3427 4th Avenue, 2nd Floor San Diego, CA 92103 | (619) 232-8126 | Shannon Jackson | Central | LGBTQ+ |  |
| Our Safe Place | San Diego Youth Services (SDYS) | Drop-In Centers | 2220 Broadway  San Diego, CA 92102 746 Ada Street Chula Vista, CA 91911 1050 N. Broadway Escondido, CA 92026 215 Barnes Street Oceanside, CA 92054 | (619) 232-8126 (619) 871-8342  (619) 628-2444  (760) 271-4855 | Shannon Jackson | Central   South  North Inland North Coastal | LGBTQ+ |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Special Population** |  |
| Para Las Familias | Episcopal Community Services (ECS) | Outpatient | 1424 30th Street, Suite A San Diego, CA 92154 | (619) 565-2650 | Rebecca Raymond | Central | Early Childhood (0-5 years) |  |
| Peri Case Management and Dependency Drug Court Services | Vista Hill Foundation, Inc (VHF) | Outpatient | 4990 Williams Avenue, Suite 202  La Mesa, CA 91942 | (619) 668-4265 | Terri Kang | Countywide | CWS-involved and Perinatal |  |
| Southeast Family Youth Partner Svc | Harmonium | Case Management and Family Partners | 5275 Market Street, Suite E San Diego, CA 92114 | (619) 541-0426 | Casie Johnson-Taylor | Central | Southeast San Diego |  |
| STEPS | Mental Health Systems Inc (MHS) | Outpatient | 4660 Viewridge Avenue San Diego, CA 92123 | (858) 565-2510 | Eileen Quinn-O'Malley | Countywide | Sexually Reactive Youth |  |
| Survivors of Torture | Survivors of Torture International (SOTI) | Outpatient | P.O. Box 151240 San Diego, CA 92175 | (619) 278-2400 | Nora David | Countywide | Survivors of Torture |  |
| Therapeutic Behavioral Services (TBS) | New Alternatives Inc (NAI) | Behavioral Coaching | 8755 Aero Drive, Suite 230 San Diego, CA 92123 | (858) 256-2180 | Eileen Quinn-O'Malley | Countywide | Ancillary Service |  |
| Wrap Connections | Fred Finch Youth Center (FFYC) | Wraparound | 6160 Mission Gorge Road San Diego, CA 92120 | Phone: TBD [wrapconnections@fredfinch.org](mailto:wrapconnections@fredfinch.org) | Seth Williams | Countywide | Non-System Involved |  |
| Wrapworks | San Diego Center for Children (SDCC) | Wraparound | 3002 Armstrong Street San Diego, CA 92111 | (858) 569-2170 | Seth Williams | Countywide | CWS and Probation |  |

# Outpatient - Perinatal Programs

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Outpatient - Perinatal Programs**  Include outpatient perinatal programs that serve women and adolescent females who are pregnant and parenting, women, and children and offer gender responsive substance use and co-occurring disorder treatment and other therapeutic interventions to address such issues as relationships, sexual and physical abuse, and parenting. Additional services at perinatal programs include: parenting classes, childcare, and mental health services for children. The Substance Use Disorder (SUD) Programs for Women brochure can be found here at <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/duallocationdocs/Women%20SUD%20Brochure%20EN.pdf> | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** |  |
| North Central Women's Recovery Center [Peri OP] | McAlister Institute (MITE) | Outpatient | 8665 Gibbs Drive, Suite 150 San Diego, CA 92123 | (858) 384-6284 | Terri Kang | North Central |  |
| North County Serenity House (NCSH) [Peri OP] | HealthRight 360 (HR360) | Outpatient | 3355 Mission Avenue, Suite 239 Oceanside, CA 92058 | (442) 888-5813 | Terri Kang | North Coastal |  |
| North Inland Women and Adolescent Recovery Center (NIWARC) [Peri OP] | McAlister Institute (MITE) | Outpatient | 751 Rancheros Road, Suite 4&5 San Marcos, CA 92069 | (760) 761-0515 | Terri Kang | North Inland |  |
| ParentCare Central [Peri OP] | Vista Hill Foundation (VHF) | Outpatient | 4125 Alpha Street San Diego, CA 92113 | (619) 266-0166 | Terri Kang | Central |  |
| ParentCare East [Peri OP] | Vista Hill Foundation (VHF) | Outpatient | 4990 Williams Avenue La Mesa, CA 91942 | (619) 668-4249 | Terri Kang | East |  |
| South Bay Women's Recovery Center (SBWRC) [Peri OP] | McAlister Institute (MITE) | Outpatient | 2414 Hoover Avenue National City, CA 91950 | (619) 336-1226 | Terri Kang | South |  |

# Juvenile Justice - Specialty Programs

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Juvenile Justice - Specialty Programs**  BHS, the Probation Department, the courts, and other justice partners coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children’s System of Care. Behavioral health services are available to youth who are in Probation detention facilities as well as to youth upon release from a juvenile facility to assist with their transition back to the community.See the Teen Recovery Center (TRC) section, as well as the Residential section for mental health and substance use disorder programing. | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** |  |
| BridgeWays | San Diego Youth Services (SDYS) | Outpatient | 7364 El Cajon Blvd. San Diego, CA 92115 | (619) 221-8600 | Shannon Jackson | Countywide |  |
| CFT Meeting Facilitation | Fred Finch Youth Center (FFYC) | CFT Meetings | 10174 Old Grove Road, Suite 100 San Diego, CA 92131 | (858) 682-3818 | Seth Williams Jeralyn Bourdage | Countywide |  |
| Family Urgent Response System (FURS) | Mental Health America | State Hotline Local Mobile Response Placement stabilization | 4069 30th Street  San Diego, CA 92104 | 1-833-939-FURS State Hotline | Emil Montoya | Countywide |  |
| Healing Opportunities for Personal Empowerment (HOPE) | County of San Diego | Outpatient | 446 Alta Road, Suite 6100  San Diego, CA 92158 | (619) 671- 4473 | Fran Cooper | Countywide |  |
| Juvenile Court Clinic | Vista Hill Foundation (VHF) | Psychiatric Services | 2851 Meadowlark Drive San Diego, CA 92123 | (858) 571-1964 | Casie Johnson-Taylor | Countywide |  |
| Kearny Mesa Juvenile Hall Urban Camp Juvenile Forensic Services - Stabilization, Treatment, Assessment and Transition Team (STAT) | County of San Diego | Outpatient Competency Screenings | 2901 Meadow Lark Drive San Diego, CA 92123 | (858) 694-4600 | Fran Cooper | Countywide |  |
| Wrapworks | San Diego Center for Children (SDCC) | Wraparound | 3002 Armstrong Street San Diego, CA 92111 | (858) 569-2170 | Seth Williams | Countywide |  |

# Prevention and Early Intervention (PEI)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Prevention and Early Intervention (PEI)  Regional County services that provide screening, early identification and early intervention to at-risk children in the identified public elementary schools. It utilizes a culturally appropriate Family Community Partnership (FCP) model that conducts outreach and behavioral health prevention activities utilizing parent-peer partners based on a Promotora model for families of preschool through elementary school age children in designated public-school districts. | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** |  |
| Friday Night Live (High School) Club Live (Middle School) | San Diego County Superintendent of Schools | PEI - Student Leadership Development | 6401 Linda Vista Road San Diego, CA 92111 | (858) 569-3137 | Linda Bridgeman-Smith | Countywide |  |
| HERE Now | San Diego Youth Services (SDYS) | PEI - School-based Suicide Prevention | 3255 Wing Street San Diego, CA 92110 | (619) 221-8600 | Kimberly Pettiford | Countywide |  |
| PEI services to Native Americans | Southern Indian Health Council | PEI - Native American Prevention and Early Intervention | 4058 Willow Road Alpine, CA 91901 | (619) 445-1188 | Danyte Mockus-Valenzuela | Countywide |  |
| PEI services to Native Americans | Indian Health Council, Inc. | PEI - Native American Prevention and Early Intervention | 50100 Golsh Road Valley Center, CA 92082 | (760) 749-1410 | Danyte Mockus-Valenzuela | Countywide |  |
| PEI services to Native Americans | San Diego American Indian Health Center | PEI - Native American Prevention and Early Intervention | 2630 1st Avenue San Diego, CA 92103 | (619) 234-2158 | Danyte Mockus-Valenzuela | Countywide |  |
| Positive Parenting Program (Triple P) | Jewish Family Services | PEI - Parenting Program | 8804 Balboa Avenue San Diego, CA 92123 | (85) 637-3000 ext. 3006 | Kimberly Pettiford | Countywide |  |
| School Based PEI - Central Southeastern | San Diego Unified School District (SDUSD) | PEI | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | Casie Johnson-Taylor | Central |  |
| School Based PEI - East | San Diego Youth Services (SDYS) | PEI | 3845 Spring Drive Spring Valley, CA 91977 | (619) 258-6877 | Casie Johnson-Taylor | East |  |
| School Based PEI - N Coastal | Palomar Family Counseling Services Inc (PFC) | PEI | 1002 East Grand Avenue Escondido, CA 92025 | (760) 741-2660 | Casie Johnson-Taylor | North |  |
| School Based PEI - South | SBCS Corporation (SBCS) | PEI | 430 F Street Chula Vista, CA 91910 | (619) 420-3620 | Casie Johnson-Taylor | South |  |
| School Based PEI  N Inland | Vista Hill Foundation (VHF) | PEI | 1029 N. Broadway Escondido, CA 92026 | (760) 489-4126 | Casie Johnson-Taylor | North |  |
| School Based PEI Central & N Central | San Diego Unified School District (SDUSD) | PEI | 4487 Oregon Street San Diego, CA 92116 | (619) 362-4330 | Casie Johnson-Taylor | Central |  |

# County Operated Programs

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **County Operated Programs These include three programs with licensed clinical behavioral health teams  Continuum of Care Reform (CCR)** The CCR Team provides oversight and accountability of the BHS components of CCR in San Diego County, including assisting group homes in transitioning into Short-Term Residential Therapeutic Programs (STRTPs), attendance at Interagency Placement Committee (IPC) meetings, and other joint collaboration within the implementation of CCR across BHS, Child Welfare Services (CWS), and the Department of Probation (Probation).   **Pathways to Well-Being (Pathways)** The Pathways Team provides ongoing technical assistance through on-site and virtual program outreach to BHS-contracted mental health treatment providers to ensure that youth who have more intensive needs and/or whose treatment require cross agency collaboration have an identified Child and Family Team (CFT) and receive Intensive Care Coordination (ICC), and if recommended and agreed upon by the CFT, Intensive Home-Based Services (IHBS). BHS, CWS, Probation, and family and youth partners have worked collaboratively to develop a shared vision to meet the Katie A. settlement requirements and expansion of services outlined in the California Medi-Cal Manual for ICC, IHBS, and Therapeutic Foster Care (TFC) Services for Medi-Cal Beneficiaries. <https://theacademy.sdsu.edu/wp-content/uploads/2018/01/medi-cal-manual-third-edition.pdf>  California Integrated Core Practice Model Guide: <https://www.dhcs.ca.gov/services/MH/Documents/Information%20Notices/IN%2018-022%20Integrated%20Core%20Practice%20Model%20and%20Integrated%20Training%20Guide/Integrated_Core_Practice_Model.pdf>   **Juvenile Forensics Services STAT** Provides psychological and psychiatric services to the youth residing within the juvenile detention facilities. These services may include counseling, assessment, crisis intervention, psychiatric medication management, and transition-to-community related assistance. In addition, Juvenile Forensic Services provides assistance to Juvenile Probation, Juvenile Court and Child Welfare Services by way of expert consultation regarding mental health issues, mental competency screenings, and by providing other mental health evaluations for youth.The Juvenile Forensic Services are provided by the Behavioral Health Services Stabilization, Treatment, Assessment and Transition Team (STAT) at the following Probation detention facilities:   •Kearny Mesa Juvenile Hall  •East Mesa Juvenile Hall  •Urban Camp  •Healing Opportunities for Personal Empowerment (HOPE)  BHS and Probation have collaborated on the design for a new intensive treatment program for in‐custody youth that began in July of 2021. The HOPE program supports the juvenile justice system’s transition to a positive youth development model while also focusing on the interrelated triad of treatment needs typical of youth who are in custody and provides evidence‐based and evidence‐informed treatments for mental health, substance abuse and criminogenic behavior. | | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Special Population** |  |
| Continuum of Care Reform (CCR) | County of San Diego | Administration STRTP | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Seth Williams | Countywide | CWS Probation |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** | **Special Population** |  |
| East Mesa Juvenile Hall Juvenile Forensic Services - Stabilization, Treatment, Assessment and Transition Team (STAT) | County of San Diego | Outpatient Competency Screenings | 446 Alta Road, Suite 6100 San Diego, CA 92158 | (619)-671-6530 | Fran Cooper | Countywide | Probation Juvenile Detention |  |
| Healing Opportunities for Personal Empowerment (HOPE) | County of San Diego | Outpatient | 446 Alta Road, Suite 6100 San Diego, CA 92158 | (619) 671- 4473 | Carlos Nelson | Countywide | Probation Juvenile Detention |  |
| Pathways to Well-Being | County of San Diego | Administration Pathways to Well-Being/ Katie A | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Seth Williams | Countywide | CWS |  |

# Child Welfare Services - Specialty Programs

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Child Welfare Services (CWS) - Specialty Programs**  Includes programs specializing in the treatment of youth involved in the child welfare system. The entire CYF network of services is available to CWS youth, but these programs were designed with consideration of the complex needs of youth involved in CWS, who may be placed in foster care, seeking reunification with biological family members, or a caregiver working towards case plan goals with a CWS worker. These programs are also found in other corresponding sections**.** STRTPs are on pgs. 10-11 | | | | | | |
|  |
|  |
|  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** |  |
| CFT Meeting Facilitation | Fred Finch Youth Center (FFYC) | CFT Meetings | 10174 Old Grove Road, Suite 100 San Diego, CA 92131 | (858) 682-3818 | Seth Williams Jeralyn Bourdage | Countywide |  |
| Comp. Assess. & Stab. Svcs. (CASS) | New Alternatives Inc (NAI) | Outpatient | 3517 Camino del Rio South, Suite. 407 San Diego, CA 92108 | (619) 955-8905 | Eileen Quinn-O'Malley | Countywide |  |
| Continuum of Care Reform (CCR) | County of San Diego | Administration STRTP | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Seth Williams | Countywide |  |
| Development Eval Clinic (DEC) | Rady Childrens Hospital of San Diego (Rady) | Outpatient Evaluation | 3665 Kearny Villa Road, Suite 405 San Diego, CA 92123 | (858) 966-1700 | Rebecca Raymond | Central |  |
| Family Urgent Response System (FURS) | Mental Health America | State Hotline Local Mobile Response Placement stabilization | 4069 30th Street  San Diego, CA 92104 | 1-833-939-FURS State Hotline | Emil Montoya | Countywide |  |
| Foster Family Agency Stabilization and Treatment (FFAST) | San Diego Center for Children (SDCC) | Outpatient Therapeutic Foster Care | 8775 Aero Drive, Suite 132 San Diego, CA 92123 | (858) 633-4115 | Seth Williams | Countywide |  |
| Incredible Families | New Alternatives Inc (NAI) | Outpatient | 8765 Aero Drive San Diego, CA 92123 | (619) 207-0396 | Eileen Quinn-O'Malley | Countywide |  |
| Juvenile Court Clinic | Vista Hill Foundation, Inc (VHF) | Psychiatric Services | 2851 Meadowlark Drive San Diego, CA 92123 | (858) 571-1964 | Casie Johnson-Taylor | Countywide |  |
| Pathways to Well-Being | County of San Diego | Administration Pathways to Well-Being/ Katie A | 3255 Camino del Rio South San Diego, CA 92108 | (619) 563-2723 (619) 584-5041 | Seth Williams | Countywide |  |
| Peri Case Management and Dependency Drug Court Services | Vista Hill Foundation, Inc (VHF) | Outpatient | 4990 Williams Avenue, Suite 202  La Mesa, CA 91942 | (619) 668-4265 | Terri Kang | Countywide |  |
| Polinsky Child. Ctr (PCC) Placement Stab. Svcs. | New Alternatives Inc (NAI) | Emergency Shelter | 9400 Ruffin Court San Diego, CA 92123 | (858) 357-6879 | Eileen Quinn-O'Malley | Countywide |  |
| **Program Name** | **Parent Organization** | **Service** | **Address** | **Phone Number** | **County Monitor** | **Region** |  |
| Sober and Friendly Environment (SAFE) Housing [Transitional Sober Housing] | McAlister Institute for Treatment and Education (MITE) | SUD Transitional Housing | 1400 N. Johnson Avenue, Ste. 101 El Cajon, CA 92020 | (619) 442-0277 | Casie Johnson-Taylor | Countywide |  |
| Wrapworks | San Diego Center for Children (SDCC) | Wraparound | 3002 Armstrong Street San Diego, CA 92111 | (858) 569-2170 | Seth Williams | Countywide |  |

# Fee for Service (FFS) Network

**Fee-for-Service (FFS) Network**

The County of San Diego FFS Network is a group of providers licensed independently to provide mental health treatment services in private practice settings to Medi-Cal beneficiaries. Optum Public Sector San Diego is the Administrative Services Organization that manages the FFS Network. The [Fee for Service Provider Directory](https://optumsandiego.com/content/sandiego/en/access---crisis-line/providerdirectory.html) lists available providers and services offered by the County of San Diego through the FFS Network.